



Be Your Own Advocate

7 Tips from the Texas Public Employees Association



Join TPEA

You can't be two places at once: While you're ensuring the safety of Texans through your work at the Board of Nursing, TPEA's highly regarded lobby team is at the Capitol, educating lawmakers on what it takes to maintain a high-quality workforce.



Sign up for text alerts

Things happen fast during a legislative session. Text TPEA to 313131 to receive alerts when your call to your legislator will matter most.



Submit your home email address

TPEA can only provide advocacy information to home email addresses. Be sure that TPEA has your home email address so we can provide you with the most comprehensive information.



Stay informed

Make time to stay up-to-date on discussions related to state employee issues. Good sources of info include TPEA communications, ERS emails and the Texas Tribune. Set up alerts on Texas Legislature Online to track bills of interest.



Know who represents you

Find out who your representative and senator are at www.fyi.legis.state.tx.us/Home.aspx, and introduce yourself as a constituent and a state employee to their offices.



Think about your circle of influence

You interact with friends, family, neighbors and colleagues every day. Make a point to emphasize the importance of a quality state workforce to all Texans.



Write a letter to your legislator

Even in the age of texts and tweets, nothing grabs a lawmaker's attention like a personally written letter delivered through the U.S. mail.